NEWS RELEASE



EL DORADO COUNTY ANNOUNCES FIRST CONFIRMED CASE OF COVID-19

FOR IMMEDIATE RELEASE Contact: Carla B. Hass
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(**PLACERVILLE, CA**) – El Dorado County officials announced today the first confirmed case of COVID-19 in an El Dorado County resident.

The individual, who traveled to a Central California County where exposure is believed to have occurred, was visiting sick family members and has not yet returned to El Dorado County. She is fully recovered from mild symptoms and has remained in the Central Valley. Health officials are monitoring the case.

"Given the rapidly increasing number of confirmed cases in our region and across California, we have expected and prepared for the inevitability of a confirmed case in an El Dorado County resident," said El Dorado County Public Health Officer, Dr. Nancy Williams. "We are, of course, grateful the individual did not return to El Dorado County while she was still sick, but we are prepared for a reported in-County case."

El Dorado County is working closely with the California Department of Public Health (CDPH) and local healthcare partners to identify any additional cases of COVID-19 and continues to implement public health strategies, provide public education and collaborate with local and state partners to mitigate the impact of the virus.

"It's safe to say that more residents will test positive, even in light of the shelter in place <u>directive</u> I issued and the <u>statewide directive</u> issued by Governor Newsom," said Williams. "But it's important to remember that most people who become sick with coronavirus will recover on their own."

Symptoms of COVID-19 range from mild to severe and include fever, cough and shortness of breath. Older adults and individuals with underlying medical conditions are particularly vulnerable to COVID-19. Members of the general public should take simple precautions to reduce the spread of respiratory illnesses including COVID-19, including hand washing with soap for at least 20 seconds and maintaining physical distances from others of at least six feet.

El Dorado County Public Health provides updated information about COVID-19 on its website. The website also has prevention tips and helpful resources. To access the EDC COVID-19 web page, go to: https://www.edcgov.us/Government/hhsa/Pages/EDCCOVID-19.aspx

For information about CDPH directives, go to: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Guidance.aspx

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